

Sam Winter

he/him/his
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EDUCATION

Virginia Tech

August 2022 – May 2026

Research Topic: *Therapist-perpetrated
LGBTQ+ microaggressions*

PhD in Human Development, concentration:
Marriage and Family Therapy

California State University, Chico

August 2019 – May 2022

Thesis: *Measuring The impact of clinician-
perpetrated sexual and gender minority
microaggressions on LGBTQ clients*

M.S. in Psychology, Marriage and Family Therapy

California State University, Chico

August 2013 – May 2017

B.A. in Psychology
Minor in Sexual Diversity Studies

MEMBERSHIPS

AAMFT Professional Membership

American Association for Marriage and Family Therapy

Aug. 2022 – present

Queer and Trans Advocacy (QTAN) Network

American Association for Marriage and Family Therapy

Aug. 2022 – present

RESEARCH MANUSCRIPTS

Winter, S., Withers, M. (2023). Measuring The impact of clinician-perpetrated sexual and gender minority microaggressions on LGBTQ clients. Manuscript in preparation.

Russon, J., Dellinger, J., Smithee, L., King, A, Simpson, S., & **Winter, S.** (2023). “We started building the bridge, but we haven’t finished it yet”: LGBTQ+ youth and caregiver perceptions of “affirmative” attachment-based family therapy for the treatment of suicidal ideation and behavior. Manuscript under review.

Winter, S., Russon, J., & Craig, A. (2023). Administrator’s perceptions on the treatment barriers and facilitators for LGBTQ+ youth with suicidal ideation and behavior. Manuscript in preparation.

PROFESSIONAL PRESENTATIONS

Russon, J., **Winter, S.**, Srinivasan, S., Rivers, A., Ruan-Iu, L., & Diamond, G. (2022, Oct). *Mental health symptoms, suicide risk, and social distal stressors among lesbian, gay, bisexual, transgender, and questioning youth presenting in residential care*. [Paper Presentation]. Intervention Research in Systemic Family Therapy Annual Conference, East Lansing, MI.

Graduate Assistant

Aug. 2023 – Current

Assistant to the Director of Graduate Studies
Virginia Tech; Supervised by Dr. Erika Grafsky

Graduate Research Assistant

Aug. 2022 – Aug. 2023

Alliance for the Study of Suicide Prevention and Intervention through
Relationship Enrichment (ASPIRE) Research Team
Virginia Tech; Supervised by Dr. Jody Russon

TEACHING EXPERIENCE

Instructor of Record

Aug. 2023 – Dec. 2023

HD 2336: Principles of Human Services
Virginia Tech

Instructor of Record

Jan. 2023 – May. 2023

HD 2314: Human Sexuality
Virginia Tech

Teaching Apprentice

Aug. 2022 – Dec. 2022

HD 2314: Human Sexuality
Virginia Tech; Supervised by Dr. Rose Wesche

Grading Assistant

Oct. 2022 – Dec. 2022

HD 2014: Integrated Health Practices
Virginia Tech; Supervised by Dr. Jody Russon

CLINICAL EXPERIENCE

Marriage and Family Therapist

Jan. 2023 – Current

Family Therapy Center
Virginia Tech

Trainee Marriage and Family Therapist

July 2021 – May 2022

LGBTQ+ Counseling Program
Stonewall Alliance Center

Couples and Family Counseling Practicum Counseling Training Center <i>California State University, Chico</i>	Jan. 2022 – May 2022
Group Counseling Practicum Counseling Training Center <i>California State University, Chico</i>	Aug. 2020 – Dec. 2020
Individual Counseling Practicum Counseling Training Center <i>California State University, Chico</i>	Jan. 2020 – May 2020

HONORS AND AWARDS

Outstanding Master's Thesis Award Winner <i>California State University, Chico</i>	Feb. 2023
College of Behavioral & Social Science Outstanding Thesis Winner <i>California State University, Chico</i>	Jan. 2023
Graduate School Dean's Diversity Assistantship Winner <i>Virginia Tech</i>	Aug. 2022
Mildred Tate Scholarship Award Winner <i>Virginia Tech</i>	Aug. 2022
Chris Kaestle Fellowship Award Winner <i>Virginia Tech</i>	Aug. 2022
Graduated with distinction with M.S. Psychology <i>California State University, Chico</i>	May 2022
Behavioral Health Workforce Education and Training (BHWET) Stipend Winner <i>Health Resources & Services Administration (HRSA)</i>	Aug. 2021

LEADERSHIP AND SERVICE

Doctoral Apprentice Reviewer Journal of Marital and Family Therapy	Aug. 2022 – present
Lead Peer Mentor <i>California State University, Chico Accessibility Resource Center</i> (Disability Support Services)	Aug. 2019 – Aug. 2022
Board Member <i>Brain Injury Coalition, Chico CA</i>	Dec. 2018 – present
Intern <i>California State University, Chico Safe Place Sexual Violence Prevention</i>	Dec. 2016 – May 2017