

# Kathleen Smith, LGMFT

757.969.0423 - [email me](#) - [about me](#)

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## EDUCATION:

Virginia Polytechnic Institute and State University, Blacksburg, VA  
*Ph.D. student in Marriage and Family Therapy* Anticipated Graduation May 2027

Appalachian State University, Boone, NC  
*M.A. in Marriage and Family Therapy*  
*Graduate Certificate in Substance Abuse Counseling* Graduated August 8, 2019

Virginia Polytechnic Institute and State University, Blacksburg, VA  
*B.S. in Human Development* Graduated December 15, 2016

## RELEVANT WORK EXPERIENCE:

Forward Together Counseling March 2022-Present  
*Psychotherapist*  
Conducted couples, family, and individual therapy to clients aged 9+. Areas of specialty included couples, LGBTQ+ populations, adolescents and their parents, and substance abuse prevention.

Fairfax County October 2020-March 2022  
*Individual and Family Therapist*  
Supervised and counseled residents of the Foundations program for adolescent girls on probation and their families.

Sheltercare Program Alexandria March 2020-October 2020  
*Casework Counselor*  
Provided supervision of and mentorship services to residents of the Sheltercare Program.

Compass Counseling of NoVA August 2019-March 2020  
*Intensive In-Home Counselor*  
Mentored and counseled at-risk youth and their families in their home environment.

Appalachian State University Graduate School June 2018 - May 2019  
*Graduate Student Mentor and Recruiter*  
Mentored first-year graduate students and provided the graduate school with event planning services, recruitment of undergraduate work-study students, and advertisement of events.

## RESEARCH AND PROFESSIONAL PRESENTATIONS:

Gender Identity Discourse in the Wake of North Carolina's HB2 2018  
Benson, K.E.; Otero-Vargas, F.; Smith, K; van Eeden-Moorefield, B. (2018). *Gender Identity Discourse in the Wake of North Carolina HB2*. National Council on Family Relations. San Diego, CA.

Project Sexual Minority Youths, Lived Experiences (SMYLE), Faculty mentor: Dr. Erika Grafsky 2015-2016  
*Undergraduate team member and transcriptionist*  
Corresponded with Dr. Grafsky, organized goals and deadlines, wrote and critiqued the protocol materials for the Institutional Review Board's approval of the undergraduate research, and transcribed another branch of the project focused on LGB youth disclosure decisions.

## INTERNSHIPS:

Daymark Recovery Services, Wilkesboro August 2018- August 2019  
*Graduate Marriage and Family Therapist Intern*

Appalachian State University Wellness and Prevention Center August 2018 - May 2019

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*Graduate Substance Abuse Counseling Intern*  
Family Therapy Center of Virginia Tech Spring 2016  
*Undergraduate Intern*  
Program of All-Inclusive Care for the Elderly Summer 2016  
*Social Work Intern*

## **VOLUNTEER AND PROFESSIONAL MEMBERSHIPS:**

Virginia Association for Marriage and Family Therapy Current  
*Student Representative*  
American Association for Marriage and Family Therapy Current  
*Pre-clinical member*  
Graduate Student Government Association 2018-2019  
*President*  
Student Association for Marriage and Family Therapy Appalachian State University 2017-2019  
*Mentorship Coordinator and student member*  
Virginia Tech Commonwealth Covered (Affordable Care Act Assistance) 2015  
*Team member*