

Victoria Lael

CURRICULUM VITAE

February 2023

Contact Information

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Education

Doctoral candidacy, Sociology, University at Albany, State University of New York, 2008–2019

M.S. Marriage, family, and human development, Brigham Young University, April 2008

B.S. Marriage, family, and human development, Minor: editing, Brigham Young University, April 2005

Current Position

Director of Undergraduate Studies, summer 2019–present; Instructor, fall 2014–present
Department of Human Development and Family Science (HDFS), Virginia Tech

HDFS DUS Position Description: The Director of Undergraduate Studies chairs the Undergraduate Policies Committee and provides leadership for recruitment of majors, management of undergraduate curricula and course coordination, coordination with Graduate studies on awards and commencement, student services, advising, orientation, and assessment. This Director represents the Department in interactions with the CLAHS Undergraduate Academic Affairs Office. The Director of Undergraduate Studies serves on the Administrative Leadership Team and consults with the Senior Executive Committee.

- Tasks include reviewing and revising undergraduate curriculum, performing program assessment, assisting department head with assigned tasks and special projects, providing administrative service to undergraduate students, and assisting with annual academic program review.

Teaching Experience

Courses taught for HDFS Department at Virginia Tech, fall 2014–present:

- HD 1004: Human Development I
- HD 1134: Introduction to Disabilities Studies
- HD 2314: Human Sexuality
- HD 2336: Principles of Human Services II
- HD 4324: Advanced Family Relationships
- HD 5974: Independent Study: Teaching Seminar

Course taught at Brigham Young University-Idaho, winter and spring 2014:

- FAML 150 Online: Introduction to marriage and family studies

Courses taught/assisted at Brigham Young University, Provo, UT:

- HFL 224, Marriage Enhancement, winter 2008.
- Teaching Assistant, MFHD 542, Work and Family graduate seminar, fall 2007.
- HFL 223, Preparation for Marriage; Brigham Young University, spring 2007.

- IAS 353R, International Outreach; Brigham Young University, winter & fall 2005, winter 2006.

Student Advocate Intern and Volunteer; Sunset View Elementary, Provo, Utah, Jul. 2004–Apr. 2008.

- Taught various behavioral/social skill intervention programs to K–6 classes, small groups, and individual students.

Writing Fellow, Brigham Young University, winter & fall 2005, winter 2006.

- Tutored students enrolled in social development course on writing assignments.

Administrative Positions and Committees

Chair of ELC Search Committee

- Led efforts to draft position description, seek feedback from search committee, and get position approved for posting. Currently awaiting applications for review.

Member of CLAHS Directors of Undergraduate Programs Group, fall 2022–present

- Attend monthly meetings for Directors of Undergraduate Programs in CLAHS
- Upon request, after formal meeting ends, the Associate Dean has me host conversation among any Directors who want to stay to connect or discuss issues.
- Prior to holding the first meeting, Associate Dean Monica Kimbrell sought consultation with me regarding this group

Chair of undergraduate curriculum committee, HDFS Department, Virginia Tech fall 2019–present

- Planned and conducted 3 committee meetings each fall and spring semester
- Organized and reviewed work of committee in updating course descriptions and objectives in preparation for SCHEV review
- Update course descriptions and learning objectives for HDFS curriculum
- Annual revision of course checksheets and roadmaps
- Review transfer courses for equivalency
- Create, review, and revise policies regarding HDFS undergraduate curriculum requirements

Member of undergraduate curriculum committee, HDFS Department, Virginia Tech fall 2017–present.

- Made final revisions of the proposal for the new Childhood Pre-Education Major in preparation for it to be reviewed by the University Undergraduate Curriculum Committee Presented the final proposal to the Undergraduate Curriculum Committee, who approved the new major
- Participated in discussions during meeting of the committee

Co-Chair of Liberal Arts and Human Sciences College curriculum committee, fall 2020–spring 2021

- Take turns with other co-chair leading meetings to review and vote on proposals for new or revised courses or programs
- Help plan distribution of proposals to pre-review teams prior to scheduled meetings

Member of Liberal Arts and Human Sciences College curriculum committee, fall 2019–spring 2021

- Attended meetings (2 hours) two times a month
- Reviewed course and program proposals as assigned, communicated feedback to proposers (5–10/month)

Provost's Appointee Member of University Curriculum Committee for General Education, fall 2021–present

- Actively participate in monthly meeting to discuss issues relating General Education assessment, advising, and curriculum

Chair of Advising Sub-Committee, University Curriculum Committee for General Education, fall 2021–fall 2022

- Schedule, set agenda for, and lead monthly meeting of advising sub-committee
- Report to UCCGE on progress
- Led the drafting of a proposal to change a Pathways requirement to increase flexibility for students in order to facilitate progress to degree
- Lead discussions on data regarding Pathways enrollment and advising

Course coordinator for HD 1134: Introduction to Disabilities Studies, HDFS Department, Virginia Tech, summer 2022–present.

- Quality control for course content, teaching support, and review and revision of materials.

Course coordinator for HD 2314: Human Sexuality, HDFS Department, Virginia Tech, summer 2015–fall 2021.

- Quality control for course content, teaching support, and review and revision of materials.

Course coordinator for HD 1004: Human Development I: Childhood and Adolescence, HDFS Department, Virginia Tech, fall 2019–fall 2020.

- Quality control for course content, teaching support, and review and revision of materials.

Chair of student awards committee, HDFS Department, Virginia Tech, spring 2016–spring 2017; fall 2018–spring 2019

- Lead committee in advertising department awards for undergraduate and graduate students, reviewing applications, and communicating with applicants.

Member of awards committee, HDFS Department, Virginia Tech fall 2014–spring 2016.

- Assisted in advertising department awards for undergraduate and graduate students, reviewing applications, and communicating with applicants and completed other tasks related to faculty awards as assigned.

Professional Responsibilities Related to Academic Advising

Faculty Academic Advisor, spring 2015–present

- Advise new students, transfer students, and change of majors in Human Development and Childhood Pre-Education
- 2022 advising load ~75 undergraduate students
- 2021 advising load ~125 undergraduate students
- 2020 advising load ~192 undergraduate students
- 2019 advising load ~100+ undergraduate students

- 2015–2018 advising load ~15–50 undergraduate students

HDFS New Student Orientation Leader, spring and fall semesters 2019–present

- Summer 2019: significant revision of orientation materials; scheduled, organized, and communicated with new students about HDFS orientation sessions; presented and provided individual academic advising at 7 HDFS orientation sessions
- Summer 2020: revised materials and process in order for orientation to be conducted virtually; scheduled, organized, and communicated with new students about HDFS orientation sessions; presented and provided individual academic advising at 11 HDFS orientation sessions
- Summer 2021: revised orientation to comply with University's new format; scheduled, organized, and communicated with new students about HDFS orientation sessions; presented and provided individual academic advising at 9 HDFS orientation sessions

HDFS Department Academic Advising Supervision, summer 2019–present

- Represent HDFS Dept. at CLAHS AIG meetings
- Participate in CLAHS Orientation Management Team meetings
- Provide administrative services to undergraduate students
- Created and maintain HDFS academic advising Canvas site
- Interim Undergraduate Administrative Coordinator, January–February 2021
- Search committee for Undergraduate Administrative Coordinator, spring 2021
- Trained Undergraduate Administrative Coordinator, spring 2021
- Training faculty on academic advising
- Represent HDFS Dept. at University recruiting events including Open House, Hokie Focus, and major fairs
- Participate in CLAHS orientation and welcome events
- Present to CLAHS University Studies classes about HDFS academic programs, fall 2018, 2019, 2020, 2021
- Meet with and give department tours for prospective students upon request
- Draft talking points about HDFS academic programs for VT Admissions office upon request, 2019 and 2020

CLAHS Academic Advising Center Department Liaison for HDFS, spring 2021–present

- Strategized with CLAHS administration regarding the creation of the CLAHS Academic Advising Center
- Participated in search committee for CLAHS professional academic advisors
- Assisted in orienting and training 2 CLAHS Academic Advisors specific to academic programs offered by the HDFS Department
- Meet weekly with 2 academic advisors and HDFS undergraduate administrative coordinator to address departmental advising needs
- Coordinate advising efforts between HDFS Department and new CLAHS Advising Center

Research Experience

Expert Consultant for “Strengthening Families: Curriculum Content Assessment and Review (C-CAR) project” funded by the Office of Planning, Research, and Evaluation, Administration for Children and Families, administered by IMPAQ International and supervised by Rich Batten of Public Strategies. Fall 2013

- With a team of other experts, recommended and developed curriculum classification domains, contributed in documenting the reasons for domain selection, identified connections between curricular content and research and theory on correlates, reviewed some Healthy Marriage/Relationship curricula most commonly used by ACF-funded organizations and provided quality checks on initial coding of some of these programs completed by trained coders.

Research Assistant for Dr. Donald J. Hernandez, SUNY Albany, Aug. 2008–Jun. 2009.

- Compiled statistics for multiple research projects relating to the experience of immigrant children in the United States. Co-author/editor on research papers relating to the experience of immigrant children in the United States.

Research Assistant for Dr. E. Jeffrey Hill, Brigham Young University, Aug. 2007–Apr. 2008.

- Project manager and editor for IBM Global Work and Life Issues Survey Dependent Care Reports. Co-author/editor on research papers relating to the work-family interface.

Research Assistant for Dr. Alan J. Hawkins, Jan. 2005–Apr. 2008.

- Coded studies, conducted analyses, and co-authored papers related to a meta-analysis on marriage and relationship education evaluation. Synthesized research on topics related to creating and maintaining healthy marriages in support of the National Healthy Marriage Resource Center.

Publications*

2012 Hawkins, A. J. Stanley, S. M., Blanchard, V. B., Albright, M. (2012). "Exploring programmatic moderators of the effectiveness of marriage and relationship education programs: A meta-analytic study." *Behavior Therapy* 43(1), pp. 77–87.

Hernandez, D. J., Denton, N. A., Macartney, S., & Blanchard, V. L. (2012). "Children in immigrant families: Demography, policy, and evidence for the immigrant paradox," pp.

17–36 in Cynthia García Coll and Amy Kerivan Marks (Eds.), *The Immigrant Paradox in Children and Adolescents: Is Becoming American a Developmental Risk?*, Washington, DC: American Psychological Association.

2011 Hernandez, D. J., Denton, N. A., & Blanchard, V. L. (2010). Children in the United States of America: A statistical portrait by race-ethnicity, immigrant origins, and language. *The Annals of the American Academy of Political and Social Science*, 633(1): 102–127.

2010 Fawcett, E. B., Hawkins, A. J., Carroll, J. S., and Blanchard, V. L. (2010). Do premarital education programs really work? A meta-analytic study. *Family Relations*, 59(3): 232–239.

Hernandez, D. J., Macartney, S. & Blanchard, V. L. (2010). Children of immigrants: Family and socioeconomic indicators for affluent countries. *Child Indicators Research*, 3(4): 413–437.

* Last name formerly Blanchard

- Hernandez, D. J., Macartney, S., Blanchard, V. L. & Denton, N. A. (2010). "Mexican-origin children in the United States: Language, family circumstances, and public policy," pp. 169–188 in Nancy S. Landale, Susan McHale, and Alan Booth (Eds.), *Growing Up Hispanic*, Washington, D.C.: Urban Institute Press.
- 2009 Blanchard, V. L., Hawkins, A. J., Baldwin, S. A. & Fawcett, E. B. (2009). Does marriage and relationship education improve couples' communication? A meta-analytic study. *Journal of Family Psychology*, 23(2): 203–214.
- Hernandez, D., Blanchard, V., Denton, N. & Macartney, S. (2009). *Children in Immigrant Families State Research Brief Series*. The Center for Social and Demographic Analysis; The Annie E. Casey Foundation.
- Hernandez, D. J., Denton, N. A., Macartney, S. & Blanchard, V. L. (2009). "Poverty and human resources for children in the United States and selected rich countries," pp. 81–113 in Jens Qvortrup, Katherine Brown Rosier, and David A. Kinney (Eds.), *Sociological Studies of Children and Youth Volume 12: Structure, Historical, and Comparative Perspectives*, Bingley, UK: Emerald Group Publishing Limited.
- 2008 Hawkins, A. J., Blanchard, V. L., Baldwin, S. A. & Fawcett, E. B. (2008). Does marriage and relationship education work? A meta-analytic study. *Journal of Consulting and Clinical Psychology*, 76(5): 723–734.
- Hawkins, A. J., Lovejoy, K. R., Holmes, E. K., Blanchard, V. L., & Fawcett, E. B. (2008). Increasing fathers' involvement in child care with a couple-focused intervention during the transition to parenthood. *Family Relations*, 57, 49–59.
- Hill, E. J., Grzywacz, J. G., Allen, S., Matz-Costa, C., Shulkin, S., Pitt-Catsouphes, M., & Blanchard, V. L. (2008). Defining and Conceptualizing Workplace Flexibility. *Community, Work, & Family*, 11(2): 149–163.
- Hill, E. J., Jacob, J. I., Shannon, L., Blanchard, V. L., & Martinengo, G. (2008). Exploring the relationship of workplace flexibility, gender, and life stage to family-to-work conflict and stress and burnout. *Community, Work, & Family*, 11(2): 165–181.

Professional Presentations*

- 2009 Hawkins, A. J., & Blanchard, V. L. (2009). Programmatic discriminators of marriage and relationship education program efficacy: A meta-analytic perspective. November 22, Association for Behavioral and Cognitive Therapy, New York, New York.
- 2008 Blanchard, V. L. (2008). Easing the transition to parenthood: Marital virtues and adjustment. November 8, 2008, National Council on Family Relations, Little Rock, Arkansas.

* Last name formerly Blanchard

- 2007 Blanchard, V. L., Hawkins, A. J., Fawcett, E. B., & Jenkins, J. (2007). Does relationship education improve couples' communication? A meta-analysis. November 10, National Council on Family Relations, Pittsburgh, Pennsylvania.

Hawkins, A. J., Blanchard, V. L., Fawcett, E. B., & Jenkins, J. (2007). Is marriage and relationship education effective? A comprehensive meta-analysis. May 30, Society for Prevention Research, Washington, D.C.

- 2006 Fawcett, E. B., Hawkins, A. J. & Blanchard, V. L. (2006). Does marriage education work? A comprehensive meta-analysis of the effectiveness of marriage education: Phase II. November 8, National Council on Family Relations, Minneapolis, Minnesota.

Other Administrative and Editorial Experience

Program Coordinator, International Outreach; David M. Kennedy Center for International Studies, Brigham Young University, fall 2005–summer 2006.

- Taught IAS 353R, organized outreach efforts, and supervised publication of *CultureGuides*.

Managing Editor, International Outreach; David M. Kennedy Center for International Studies, Brigham Young University, winter 2004–fall 2005.

- Co-taught IAS 353R, hired and trained editorial interns, and managed publication of *CultureGuides*.

Editor-in-Chief of *Insight*, a journal of the University Honors Department, Brigham Young University, winter 2003–spring 2004.

- Led a class of undergraduates in preparing the University Honors Department journal for publication.

Faculty Editing Service Student Editorial Assistant, Brigham Young University, fall 2004–fall 2005.

- Assisted in editing faculty papers.

Professional Development and Engagement

- Certified Professional in Accessibility Core Competencies (CPACC), International Association for Accessibility Professionals (IAA), awarded grant from VT Accessible Technologies for participation in 12-week learning community in spring 2022, received A11y Core (CPACC) badge and passed CPACC certification exam July 2022.
- LGBTQ+ SafeZone Training, spring 2015 (101), spring 2016 (legal and compliance), fall 2021 (101, special session for CLAHS academic advisors), spring 2022 (Trans)
- Dreamers/DACA information meeting, spring 2018
- Honor Code Information meeting for faculty, Aug. 2018
- College advising event on inclusive language, May 2019
- TLOS certified via “Preparing to Teach at a Distance On-Site Workshop”, May 2019
- CLAHS Academic Advising Summit, November 2019 and 2020
- Inclusive Teaching Workshop, January 2020
- Student Advocacy Training: Corps of Cadets Feb 2020
- National Academics 4 Blacks online training, 20+ hours of training, June 2020
- Critical Race Theory Symposium, September 2021

- University Racial MicroAggressions Pilot program, participated in five 90-minute meetings, completed reading outside of meetings, fall 2021

Professional Service

Manuscript Reviewer

- *Community, Work & Family*
- *Journal of Applied Developmental Psychology*
- *Journal of Marriage and Family Therapy*
- *Sociological Focus*
- *The Social Science Journal*

Honors and Awards

- CLAHS 2021–2022 Excellence in Advising Award
- SANT School of Family Life Graduate Student Scholarship (full tuition), 2006–2007
- N. Stanley, Olive D. Fagg & Hilda L. Johnson Graduate Student Scholarship, fall 2005
- Graduated cum laude and with University Honors, April 2005, Brigham Young University
- Robert K. Thomas Honors Scholarship, summer 2004
- Heritage Academic Scholarship (full tuition) fall and winter, 2001–2005

Recognition

Featured in “Celebrating the Unsung Heroes of Academia”, article about CLAHS academic advisors in honor of Global Advising Week: <https://liberalarts.vt.edu/news/articles/2021/04/global-advising-week-2021.html>